

**WELLBEING COMMITTEE
MEETING**

Date: 16.10.19
Venue: 6H
Time: 2.00pm

MEETING AGENDA

- 1.) Update
- 2.) Worry boxes
- 3.) Worry monsters

WELLBEING COMMITTEE MEETING MINUTES

Present: Isabella, Olly, Holly, Yana, Sydnie, Omaira, Alexandra

Apologies for Absence: Freddie

<u>AGENDA POINT</u>	<u>NOTES</u>	<u>ACTION BY</u>
1) Update	Committee members share updates about wellbeing strategies within their classes.	All
2) Worry Boxes	Confirmed that all classes in KS2 now have a worry box within classes. This means children have more access to support.	All members and teachers
3) Worry Monsters	Delivered and explained to KS1 classes. Year 3 update on the use of theirs within classroom.	All

**WELLBEING COMMITTEE
MEETING**

Date: 30.10.19
Venue: 6H
Time: 2.00pm

MEETING AGENDA

- 1.) Update
- 2.) Worry boxes
- 3.) Worry monsters

WELLBEING COMMITTEE MEETING MINUTES

Present: Isabella, Olly, Holly, Yana, Sydnie, Omaira, Alexandra

Apologies for Absence: Freddie

<u>AGENDA POINT</u>	<u>NOTES</u>	<u>ACTION BY</u>
4) Update	Committee members share updates about wellbeing strategies within their classes.	All
5) Worry Boxes	Confirmed that all classes in KS2 now have a worry box within classes. This means children have more access to support.	All members and teachers
6) Worry Monsters	Delivered and explained to KS1 classes. Year 3 update on the use of theirs within classroom.	All

**WELLBEING COMMITTEE
MEETING**

Date: 13.11.19
Venue: 6H
Time: 2.00pm

MEETING AGENDA

- 1.) Update
- 2.) Worry boxes/monsters
- 3.) Mood Charts
- 4.) National Kindness Day 2019

WELLBEING COMMITTEE MEETING MINUTES

Present: Isabella, Olly, Holly, Yana, Sydnie, Omaira, Alexandra

Apologies for Absence: Freddie

<u>AGENDA POINT</u>	<u>NOTES</u>	<u>ACTION BY</u>
1) Update	Committee members share updates about wellbeing strategies within their classes.	All
2) Worry boxes	Committee to evaluate the effectiveness of the monsters and boxes. How are they working? Do we need to make changes?	All members and teachers
3) Mood charts	Introduce the idea of a mood chart in each class. How would it work? What theme should we have? Suggestions from class.	All members
4) National Kindness Day 2019	Make a heart to give a child in your class that always shows kindness towards everybody. Present your heart to the child in celebration of National Kindness Day 2019.	All members

WELLBEING COMMITTEE MEETING

Date: 15.1.20
Venue: 6H
Time: 2.00pm

MEETING AGENDA

- 1.) Update
- 2.) Mood charts
- 3.) Pat on the back
- 4.) Children's mental health week

WELLBEING COMMITTEE MEETING MINUTES

Present: Isabella, Olly, Holly, Yana, Sydnie, Omaira, Alexandra, Freddie

Apologies for Absence:

<u>AGENDA POINT</u>	<u>NOTES</u>	<u>ACTION BY</u>
7) Update	Worry boxes and monster working well.	All
8) Mood charts	Look at examples of mood charts for use within classrooms and how we can develop the use of them.	All members and teachers
9) Pat on the back	Children put forward the suggestion - how can we add in a pat on the back reward? Committee to take ideas from other children ready for next meeting.	All
10) Children's mental health week 2020	We would like to take part in Children's Mental Health Week in connection with Place2Be charity. https://www.childrensmentalhealthweek.org.uk/schools-and-youth-groups/	All

**WELLBEING COMMITTEE
MEETING**

Date: 29.1.20, 31.1.20, 3.2.20
and 4.2.20
Venue: 6H
Time: various

MEETING AGENDA

1.) Children's Mental Health Week

WELLBEING COMMITTEE MEETING MINUTES

Present: Isabella, Olly, Holly, Yana, Sydney, Omaira, Alexandra, Freddie

Apologies for Absence:

<u>AGENDA POINT</u>	<u>NOTES</u>	<u>ACTION BY</u>
Children's mental health week 2020	We would like to take part in Children's Mental Health Week in connection with Place2Be charity.	Children's mental health week 2020
	Children organise assembly, posters, speeches and activities for Children's Mental Health Week.	