



# COVID-19 Advice



'Onl m best is ood eno h for me'

What to do if	Action needed	Return to School when....
my child has Coronavirus symptoms.	Do not come to school Contact Mrs Bastin daily Self-isolate Get a test Inform Mrs Bastin immediately about the test result	..the test comes back negative.
...my child tests positive for Coronavirus.	Do not come to school Contact Mrs Bastin daily Self-isolate for at least 10 days Inform Mrs Bastin immediately about the test result	...they feel better. They can return to school after 10 days even if they have a cough or loss of small/taste. These symptoms can last for several weeks once the infection is one.
...someone in my household has coronavirus symptoms.	Do not come to school Contact Mrs Bastin daily Self-isolate Household member to get a test Inform Mrs Bastin immediately about the test result	...the household member test is negative.
...someone in my household has tested positive for coronavirus.	Do not come to school Contact Mrs Bastin daily Self-isolate for 14 da s	...the child has completed 14 days of self-isolation.
...NHS Test & Trace has identified my child as a 'close contact' of someone with symptoms or confirmed coronavirus.	Do not come to school Contact Mrs Bastin daily Self-isolate for 14 days	...the child has completed 14 days of self-isolation.
...we/my child has travelled and has to self-isolate as part of a period of quarantine.	Do not take unauthorised leave in term time Consider quarantine requirements and FCO advice before booking  When returning from a destination where quarantine is needed: <ul style="list-style-type: none"> <li>• Do not come to school</li> </ul> Contact Mrs Bastin daily Self-isolate for 14 da s	.the quarantine period of 14 days has been completed.

..we have received medical advice that my child must resume shielding.	Do not come to school Contact Mrs Bastin Shield until you are informed that restrictions are lifted and sheidin is aused a ain	...the school informs you that restrictions have been lifted and your child can return to school again.
Mrs Bastin	<a href="mailto:bastin@benhurst.haverin.sch.uk">bastin@benhurst.haverin.sch.uk</a>	01708 463345 (direct line)



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## Medical Information

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Please note: Text in bold italics has been taken directly from NHS Guidance <https://www.nhs.uk/conditions/corona-virus-covid-19/symptoms/>

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

Your child has been sent home from school today as they have shown the following symptom/s (ticked):

A high temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What you will need to do next

Get a test to check if they have coronavirus as soon as possible.

Stay at home and do not have visitors until you get your test result - only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home and get a test as soon as possible. You must stay at home until you get the result.

Further information can be found via the NHS link at the top of this page. Additional advice overleaf regarding different Coronavirus situations may also be helpful.

Stay safe and take care.

