

Benhurst Primary School

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Head teacher: Ms A. Larkman BA (Hons) MA

Tuesday 7th September, 2021



Year 4 - Swimming

Dear Parents,

We have secured swimming lessons for Year 4 at Harrow Lodge Sports Centre for the duration of the school year. These will commence on **Tuesday 14th September for both Year 4 classes. The term dates are as follows:**

- Autumn Term 1 - Tuesday 14th September to Tuesday 12th October, 2021
- Autumn Term 2 - Tuesday 2nd November to Tuesday 7th December, 2021
- Spring Term 1 - Tuesday 4th January to Tuesday 1st February, 2022
- Spring Term 2 - Tuesday 22nd February to Tuesday 22nd March, 2022
- Summer Term 1 - Tuesday 26th April to Tuesday 17th May, 2022
- Summer Term 2 - Tuesday 7th June to Tuesday 12th July, 2022

The lessons for each year 4 class will take place each Tuesday at the following times:

4B: 9:15am-9:45am. Pupils in 4B will need to arrive at school by 8.40am. The children will then be registered and we will leave school promptly at 8:50am to walk to the Sports Centre. If your child attends Abacus in the morning we will arrange to collect them.

4E: 9:45-10:15. 4E will arrive at school normal time and go swimming during the normal school day.

Due to the risk assessment issued by the pool, it is a requirement that children arrive at the swimming pool **beach ready**. Therefore, **ALL children** will need to wear their swimming attire underneath their school uniform, so they are able to arrive at the swimming pool and take their clothes off at the poolside. The children will then have their swimming session and be able to go into the changing rooms after the session to get dressed, ready to return to school.

All pupils will need a swimming costume (one-piece) or trunks, towel and swimming hat. For identification and safety reasons we require the children to wear **WHITE** swimming hats which can be purchased from Havering School Wear. Please write your child's name clearly on the front of the hat so that the instructors can identify them quickly and easily. If you would like your child to wear goggles please send them in with a letter giving permission for them to wear them. Flip-flops and toiletries are not required or permitted.



Please ensure that you send your child to school with a waterproof coat if it looks like they may need it on swimming days. We will only cancel swimming in extreme weather and we will still walk there if it is raining.



Please send your child with a snack on their swimming days as we find they are usually hungry following their lesson and will have their snack on their return to school.

Swimming is a compulsory National Curriculum activity and we expect all children to take part. All pupils are assessed on their ability in the first session and are then grouped accordingly. Children will be split across three groupings and taught by qualified instructors. Two Life Guards are also in attendance.



If your child is unable to attend a lesson, we will require a letter stating the reason for this, they will remain at Benhurst, based within another class for the time that their class are at Harrow Lodge. **Please contact us if there are any reasons why your child should not be included in the swimming programme, or if your child has any medical condition, which would need special consideration.**

Should you have any questions please do not hesitate to speak to Miss Bergasse.

Yours sincerely,

Miss Bergasse

